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FOR IMMEDIATE RELEASE

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CDC SHARES UPDATED MASK GUIDELINES; HUMBOLDT COUNTY REPORTS FIVE NEW CASES

WINNEMUCCA, Nev.— The Centers for Disease Control and Prevention (CDC) has announced that fully vaccinated Americans do not need to wear a mask when they are outdoors.

Those who have received all required vaccine doses can remove their face coverings if alone or in small-to-medium-sized groups of vaccinated people, the new guidelines say. This includes exercising or dining outdoors.

But the CDC left in place its guidance to don a mask indoors and in crowded settings or venues.

Humboldt County Health Officer Charles Stringham, MD, said the new guidelines continue to offer a return to normalcy for those who have been vaccinated.

“There are so many benefits to getting vaccinated, especially with regard to health, but sometimes we forget about the social benefits—the ways that vaccinations are enhancing our social interactions,” he said. “I am very excited about these continued developments.”

This week’s updates follow earlier guidance from the CDC which allows fully vaccinated people to meet indoors without masks or social distancing. Fully vaccinated people can also meet indoors with unvaccinated people from a single household, if the unvaccinated members are at low risk for developing severe symptoms from the virus.

In addition, the CDC has said fully vaccinated people can skip testing or quarantine when exposed to COVID-19, unless symptoms appear.

According to the CDC, people are considered fully vaccinated two weeks following their final dose of vaccine.

Humboldt County has been notified of five more positive cases of COVID-19, raising the overall total to 1173. In all, the county has 1136 recovered cases and 24 active cases. Two COVID-19 patients are currently hospitalized locally and 13 county residents have died.

Based on available information, close contacts of the newest Humboldt County cases are being notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County's latest cases follows:

Case #	Gender	Age Range	Contact	Status
1173	Woman	60s	Investigation in progress	Hospitalized
1172	Woman	80s	Investigation in progress	Self-isolating
1171	Man	30s	Investigation in progress	Self-isolating
1170	Man	40s	Investigation in progress	Self-isolating
1169	Male	Teen	Investigation in progress	Self-isolating

To prevent the spread of COVID-19 in Humboldt County:

- Wear a mask around anyone not of the same household.
- Maintain 6 feet of distance from non-household members at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Self-isolate following a known exposure, or while waiting for COVID-19 results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

COVID-19 testing locations in Humboldt County include:

- **Humboldt General Hospital Screening Clinic** - Offers drive-thru screening for asymptomatic persons from 8 a.m. to 5 p.m. Monday through Friday (closed from noon to 1 p.m. for lunch), and by-appointment screening with a provider for symptomatic persons from 8 a.m. to 8 p.m. Monday through Wednesday (closed from noon to 1 p.m. for lunch; call 775-623-5222, ext. 1379 to schedule an appointment). Located at 51 E. Haskell Street, across from Humboldt General Hospital.
- **Golden Valley Medical Center** - Private clinic serving Nevada Gold Mines offers screening for asymptomatic and symptomatic persons. Call (775) 625-4653 for an appointment.
- **Ridley's Pharmacy** - Offers in-vehicle, self-administered asymptomatic and symptomatic testing. Go [here](#) and follow the prompts to schedule an appointment.
- **HGH Emergency Department** - Those who experience severe COVID-like symptoms should go directly to the HGH Emergency Department, which is open 24 hours a day, or call 9-1-1 for emergency assistance.

Local COVID-19 information is available in Spanish [@CovidEspanol](#). Humboldt County COVID-19 updates and information are available in English at [@HumboldtCountyNV](#), at www.hcnv.us and at [The Humboldt County Report](#).

Humboldt County has established a COVID-19 vaccine recorded information line in both English and Spanish. Call (775) 375-3200 to hear the latest about vaccine allocations, local distribution opportunities and changes as they occur. The line is updated with new information every Monday and Thursday (not including holidays), or as needed. Information is also available by emailing vaccine@humboldtcountynev.gov.

Humboldt County has a supply of personal protective equipment, including facial masks and hand

sanitizer, available to local businesses. To request supplies, businesses should call the Humboldt County Comptroller's office at (775) 623-6467.

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