



March 30, 2021

FOR IMMEDIATE RELEASE

Contact: Nicole Maher, PIO
Humboldt County Health Board
Phone: (775) 761-2624
Email: nicole@winnemucca.net

GOVERNOR OKs FULL- AND CLOSE-CONTACT SPORTS; COUNTY REPORTS 11 NEW CASES

WINNEMUCCA, Nev.— Starting today, Nevada will now allow full- and close-contact sports to resume with proper COVID-19 planning.

Governor Steve Sisolak announced that starting March 30, full- and close-contact sports, as defined by [Section 2 of Directive 039](#) (full-contact sports), may resume for practice and competitions.

Sports are required to follow the requirements set forth in [Directive 034](#), including certain mitigation and testing requirements prior to beginning competitions, games, matches, or league play.

The change came in response to multiple requests from coaches, parents and players to conduct a reevaluation of full- and close-contact sports, including football, rugby, wrestling, boxing, ice hockey, group cheer, group dance, basketball, water polo, martial arts and pair figure skating.

Sports organizers are encouraged to work with their local health authority to develop required testing and mitigation plans; they are also encouraged to review the [Nevada Guidance for Adult & Youth Sports](#), dated March 30.

Those who are not organized through a recreational league, club, or other association (ex: pick-up basketball games) are not required to submit a Preparedness and Safety Plan and are not required to be tested for COVID-19 prior to participating.

Humboldt County Health Officer Charles Stringham, MD, said he is pleased with the eased restrictions surrounding group sports.

“When we consider the possible risks or COVID transmission versus the mental and physical health benefits of sports, especially to our youth, this was a positive decision,” he said.

The doctor encouraged sports group to follow the state’s directives to keep players healthy and safe. “We are excited for this new development and look forward to seeing our youth, and our adults, back in play.”

Humboldt County has been notified of 11 more positive cases of COVID-19, raising the overall total to 1092. In all, the county has 1066 recovered cases and 13 active cases. No COVID-19 patients are currently hospitalized locally and 13 county residents have died.

Pamela Johnson DNP, MSN-APRN, FNP-BC, with the Fort McDermitt Wellness Center, is reporting 210 total cases, 210 recovered cases, no active cases and one death. The center has completed 3,227 tests. Fort McDermitt has chosen to report separately from Humboldt County.

Based on available information, close contacts of the newest Humboldt County cases are being notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County’s latest cases follows:

Case #	Gender	Age Range	Contact	Status
1092	Man	70s	Investigation in progress	Self-isolating
1091	Man	20s	Investigation in progress	Self-isolating
1090	Man	40s	Investigation in progress	Self-isolating
1089	Female	Child	Investigation in progress	Self-isolating
1088	Man	20s	Investigation in progress	Self-isolating
1087	Woman	20s	Investigation in progress	Self-isolating
1086	Man	50s	Investigation in progress	Self-isolating
1085	Female	Teen	Investigation in progress	Self-isolating
1084	Woman	50s	Investigation in progress	Self-isolating
1083	Woman	20s	Investigation in progress	Self-isolating
1082	Woman	20s	Investigation in progress	Self-isolating

To prevent the spread of COVID-19 in Humboldt County:

- Wear a mask around anyone not of the same household.
- Maintain 6 feet of distance from non-household members at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Self-isolate following a known exposure, or while waiting for COVID-19 results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

COVID-19 testing locations in Humboldt County include:

- **Humboldt General Hospital Screening Clinic** - Offers drive-thru screening for asymptomatic persons from 8 a.m. to 5 p.m. Monday through Friday (closed from noon to 1 p.m. for lunch), and by-appointment screening with a provider for symptomatic persons from 8 a.m. to 8 p.m. Monday through Wednesday (closed from noon to 1 p.m. for lunch; call 775-623-5222, ext. 1379 to schedule an appointment). Located at 51 E. Haskell Street, across from Humboldt General Hospital.
- **Golden Valley Medical Center** - Private clinic serving Nevada Gold Mines offers screening for asymptomatic and symptomatic persons. Call (775) 625-4653 for an appointment.
- **Ridley's Pharmacy** - Offers in-vehicle, self-administered asymptomatic and symptomatic testing. Go [here](#) and follow the prompts to schedule an appointment.

- **HGH Emergency Department** - Those who experience severe COVID-like symptoms should go directly to the HGH Emergency Department, which is open 24 hours a day, or call 9-1-1 for emergency assistance.

Local COVID-19 information is available in Spanish [@CovidEspanol](#). Humboldt County COVID-19 updates and information are available in English at [@HumboldtCountyNV](#), at www.hcnv.us and at [The Humboldt County Report](#).

Humboldt County has established a COVID-19 vaccine recorded information line in both English and Spanish. Call (775) 375-3200 to hear the latest about vaccine allocations, local distribution opportunities and changes as they occur. The line is updated with new information every Monday and Thursday (not including holidays), or as needed.

Humboldt County has a supply of personal protective equipment, including facial masks and hand sanitizer, available to local businesses. To request supplies, businesses should call the Humboldt County Comptroller's office at (775) 623-6467.

###