

Chair & County Health Officer,

Dr. Charles Stringham

Board Members,

Ken Tipton, County Commission Chair

Marlene Brissenden, County Commissioner

Jim French, County Commissioner

Ron Cerri, County Commissioner

Mike Bell, County Commissioner

Mike Allen, Humboldt County Sheriff

Humboldt County Health Board

Humboldt County Courthouse
50 West Fifth Street Room 205
Winnemucca, Nevada 89445



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FOR IMMEDIATE RELEASE

Contact: Nicole Maher, PIO
Humboldt County Health Board
Phone: (775) 761-2624
Email: nicole@winnemucca.net

HUMBOLDT COUNTY CONFIRMS 11th COVID-19 DEATH

WINNEMUCCA, Nev.— Humboldt County has confirmed its 11th death from COVID-19.

Humboldt County Health Officer Charles Stringham, MD, said, the gentleman, who was in his 70s, died while hospitalized on December 22, 2020. He was one of Humboldt County's previously confirmed cases.

"This is such difficult news to share, that another Humboldt County resident has passed as a result of COVID," said Dr. Stringham.

"We offer the family and friends of the deceased our deepest and most heartfelt condolences. We hope they will find peace and solace during this troubling time."

Dr. Stringham said the continued death and illness surrounding COVID may be taking an emotional toll on local residents.

"Perhaps you're older, worried that you may become infected and seriously ill. Maybe you're doing your best to keep your family healthy while trying to balance work with caring for your children. Or maybe you've lost a loved one and feel you've also lost your hope," said Dr. Stringham.

He continued, "Regardless of your specific circumstances, it's likely that you're wondering how to cope with the stress, anxiety, and other feelings that are surfacing."

Dr. Stringham said a good place to start is by accessing information through the [Nevada Resilience Project](#). The project was designed to help individuals build coping strategies and locate the resources they need.

There is no cost to participate and participant information is confidential.

"I know our local residents are strong and resilient people, but months and months of feeling like they're on high alert is having an impact," said Dr. Stringham. "It's OK for all of us to acknowledge that we might need some support to get by in these trying times."

To learn more about the Nevada Resilience Project go to NevadaResilienceProject.com

Those who need immediate assistance or access to crisis care may contact Crisis Support Services of Nevada by calling 800-273-8255 or text CARE to 839863.

To prevent the spread of COVID-19 in Humboldt County:

- Stay home to limit exposure, and wear a facial covering if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Self-isolate if they have had a known exposure, or if they are awaiting COVID-19 test results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

COVID-19 testing locations in Humboldt County include:

- **Humboldt General Hospital Screening Clinic** - Offers drive-thru screening for asymptomatic persons from 8 a.m. to 5 p.m. Monday through Friday (closed from noon to 1 p.m. for lunch), and by-appointment screening with a provider for symptomatic persons from 8 a.m. to 5 p.m. Monday through Friday (closed from noon to 1 p.m. for lunch; call 775-623-5222, ext. 1379 to schedule an appointment). Located at 51 E. Haskell Street, across from Humboldt General Hospital.
- **Golden Valley Medical Center** - Private clinic owned by Nevada Gold offers screening for asymptomatic and symptomatic persons. Call (775) 625-4653 for an appointment.
- **Ridley's Pharmacy** - Offers in-vehicle, self-administered asymptomatic and symptomatic testing. Go [here](#) and follow the prompts to schedule an appointment.
- **HGH Emergency Department** - Those who experience severe COVID-like symptoms should go directly to the HGH Emergency Department, which is open 24 hours a day, or call 9-1-1 for emergency assistance.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.

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