

Humboldt County Health Board



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FOR IMMEDIATE RELEASE

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HUMBOLDT COUNTY REPORTS 339 TOTAL CONFIRMATIONS, 61 ACTIVE CASES

WINNEMUCCA, Nev.— Humboldt County has been notified of 13 more positive cases of coronavirus disease 2019 (COVID-19), raising the county's total to 339.

The Fort McDermitt Paiute Shoshone Tribe is reporting 140 positive cases. In all, Fort McDermitt has completed 2,173 tests, 126 people have recovered, one person has died, and the tribe has 13 active cases.

Based on available information, close contacts of the newest Humboldt County cases are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County's latest cases follows:

- Case 339 – A woman in her 30s, who had contact with a previously reported case. She is self-isolating at home.
- Case 338 – A female teen, who had contact with a previously reported case. She is self-isolating at home.
- Case 337 – A man in his 50s, whose case remains under investigation. He is self-isolating at home.
- Case 336 – A woman in her 20s, who had contact with a previously reported case. She is self-isolating at home.
- Case 335 – A man in his 20s, whose case remains under investigation. He is self-isolating at home.
- Case 334 – A woman in her 30s, who had contact with a previously reported case. She is self-isolating at home.
- Case 333 – A woman in her 30s, whose case remains under investigation. She is self-isolating at home.
- Case 332 – A man in his 50s, whose case remains under investigation. He is self-isolating at home.
- Case 331 – A woman in her 40s, whose case remains under investigation. She is self-isolating at home.
- Case 330 – A woman in her 40s, whose case remains under investigation. She is self-isolating at home.
- Case 329 – A woman in her 30s, whose case remains under investigation. She is self-isolating at home.

- Case 328 – A man in his 50s, whose case remains under investigation. He is self-isolating at home.
- Case 327 – A man in his 30s, whose case remains under investigation. He is self-isolating at home.

Of the previous 326 cases, 273 have recovered, 44 are self-isolating, four are hospitalized, and five have died; Humboldt County has 61 active cases.

Last Sunday, Governor Steve Sisolak announced the “statewide pause” aimed at curbing the spread of COVID-19.

The measures announced by the governor include reducing capacity at businesses as well as reducing the size of public gatherings to 50 and private gatherings to 10.

Humboldt County Health Officer Charles Stringham, MD, said the measures are intended to reduce time spent indoors and in large groups—restrictions that are needed to help slow the virus down so that hospital systems can continue to provide the care their communities need.

“While COVID kills a small percentage of those who contract it, the real danger lies in hospitals being so overwhelmed with infected patients that their capacity becomes limited,” said the doctor.

Dr. Stringham said infected patients can also spread the disease to hospital staff, who then have to self-isolate at home, further reducing needed staff.

Reno’s hospitals are not accepting transfer patients from Winnemucca—even trauma patients—because they are already overwhelmed, and Humboldt General Hospital erected a field hospital in its parking garage this week in order to care for an anticipated overflow of patients.

“The most important contribution we can make as community members is to not get infected,” said Dr. Stringham. “When we do the right things, we are not only helping ourselves, we are helping our hospital systems to remain robust and ready to meet our community members’ needs.”

To prevent the spread of COVID-19 in Humboldt County:

- Stay home to limit exposure, and wear a facial covering if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Self-isolate if they have had a known exposure, or if they are awaiting COVID-19 test results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

COVID-19 testing locations in Humboldt County include:

- **Humboldt General Hospital Screening Clinic** - Offers screening for asymptomatic and symptomatic persons. Open from 8 a.m. to 5 p.m. Monday through Friday, 51 E. Haskell Street,

across from Humboldt General Hospital. Call the posted number and then wait for assistance.

- **Golden Valley Medical Center** - Private clinic owned by Nevada Gold offers screening for asymptomatic and symptomatic persons. Call (775) 625-4653 for an appointment.
- **Ridley's Pharmacy** - Offers in-vehicle, self-administered asymptomatic and symptomatic testing. Go [here](#) and follow the prompts to schedule an appointment.
- **HGH Emergency Department** - Those who experience severe COVID-like symptoms should go directly to the HGH Emergency Department, which is open 24 hours a day, or call 9-1-1 for emergency assistance.

Free cloth masks are available to community members at the Olsen's and Ridley's pharmacies, courtesy of the Mucca Mask Makers, or by messaging the group on Facebook @Mucca Mask Makers.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.

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