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Dr. Charles Stringham

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Ron Cerri, County Commissioner

Mike Bell, County Commissioner

Mike Allen, Humboldt County Sheriff

# Humboldt County Health Board

Humboldt County Courthouse  
50 West Fifth Street Room 205  
Winnemucca, Nevada 89445



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FOR IMMEDIATE RELEASE

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## **HUMBOLDT COUNTY REPORTS 121 TOTAL CONFIRMATIONS, EIGHT ACTIVE CASES**

WINNEMUCCA, Nev.— Humboldt County has been notified of one more positive case of coronavirus disease 2019 (COVID-19), raising the county's total to 121.

Overall, 107 of Humboldt County's cases were identified through Humboldt General Hospital, one was identified through community-based screening, one was identified at the Golden Valley Medical Center, and 12 were confirmed out of area.

In addition, the Office of the Humboldt County Community Health Nurse has completed 58 tests, with 57 negative and one result pending. Any positives through the Community Health Nurse will be reported as part of Humboldt County's total number of cases.

The Fort McDermitt Paiute Shoshone Tribe reports 90 total cases; 76 were confirmed through the Fort McDermitt Wellness Center, five were tested out of area, while eight were tested through the National Guard community-based testing on July 26. In all, Fort McDermitt has completed 725 tests, 89 people have recovered, one person has died, and the tribe has no active cases.

Based on available information, close contacts of the newest Humboldt County case are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County's latest cases follows:

- Case 121 – A man in his 60s, whose case remains under investigation. He is self-isolating at home.

Of the previous 120 cases, 109 have recovered, seven are self-isolating and four have died; Humboldt County has eight active cases.

It may seem early, but Humboldt County Health Officer Charles Stringham, MD, is urging everyone to get a flu shot while the pandemic continues.

From 4 p.m. to 8 p.m. Wednesday, September 23, Humboldt County's annual Drive-Thru Flu POD will take place at the Winnemucca Event Center.

Dr. Stringham said the quadrivalent vaccine will protect against four flu viruses, including two influenza A viruses and two influenza B viruses—just in time for the official start of flu season on October 1.

Dr. Stringham said it's better to get the flu vaccine earlier rather than later, especially in light of the COVID-19 pandemic.

"We need to prepare our community to ensure we don't overwhelm the medical system with flu issues," he said. "Our frontline workers have been working around the clock to prevent the spread of COVID-19, and we want to make sure the flu does not become an overlapping issue."

Also, contrary to popular myth, Dr. Stringham said it is absolutely impossible to get the flu from the flu vaccine.

"The flu shot can be accompanied by some localized pain and inflammation at the injection site, and some people can even have a low-grade fever," he said, "but the flu shot absolutely does not give you the flu."

Dr. Stringham, "I would urge every citizen of Humboldt County, from age 6 months and up, to take advantage of the many opportunities to get a flu shot, including the Wednesday, September 23, flu POD."

To prevent the spread of COVID-19 in Humboldt County:

- Stay home to limit exposure, and wear a facial covering if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Self-isolate if they have had a known exposure, or if they are awaiting COVID-19 test results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

The Humboldt General Hospital Screening Clinic continues to test symptomatic and exposed residents from 8 a.m. to 5 p.m. Monday through Friday. The clinic may be accessed from the ramp entrance on Mizpah Street. Residents should call (775) 623-5222, ext. 1379, to alert staff and wait for assistance.

The Office of the Humboldt County Community Health Nurse also is offering testing to asymptomatic persons with no known exposure. For more information or to make an appointment, residents may call the clinic at (775) 623-6575.

Free cloth masks are available to community members at the Olsen's and Ridley's pharmacies, courtesy of the Mucca Mask Makers, or by messaging the group on Facebook @Mucca Mask Makers.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates

and information are available in English at [@HumboldtCountyNV](#) and [@StopHumboldtCoronavirus](#).