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Mike Bell, County Commissioner

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# Humboldt County Health Board

Humboldt County Courthouse  
50 West Fifth Street Room 205  
Winnemucca, Nevada 89445



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FOR IMMEDIATE RELEASE

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## **HUMBOLDT COUNTY REPORTS 118 TOTAL CONFIRMATIONS, FIVE ACTIVE CASES**

WINNEMUCCA, Nev.— Humboldt County has been notified of one more positive case of coronavirus disease 2019 (COVID-19), raising the county's total to 118.

Overall, 104 of Humboldt County's cases were identified through Humboldt General Hospital, one was identified through community-based screening, one was identified at the Golden Valley Medical Center, and 12 were confirmed out of area.

In addition, the Office of the Humboldt County Community Health Nurse has completed 56 tests, with 56 negative and no results pending. Any positives through the Community Health Nurse will be reported as part of Humboldt County's total number of cases.

The Fort McDermitt Paiute Shoshone Tribe reports 90 total cases; 76 were confirmed through the Fort McDermitt Wellness Center, six were tested out of area, while eight were tested through the National Guard community-based testing on July 26. In all, Fort McDermitt has completed 725 tests, 89 people have recovered, one person has died, and the tribe has no active cases.

Based on available information, close contacts of the newest Humboldt County case are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County's latest case follows:

- Case 118 – A woman in her 70s, who had contact with a previously reported case. She is self-isolating at home.

Of the previous 117 cases, 109 have recovered, four are self-isolating and four have died; Humboldt County has five active cases.

Local health officials are encouraging anyone who has attended a recent large gathering, or who meets other recommended guidance, to get tested for COVID-19 to help limit the spread of the virus in the community.

“After a big weekend like Labor Day, or another celebration or event, it’s important to remind people to get tested for COVID-19 in case they came into contact with someone who may have had the virus without knowing it,” said Humboldt County Health Officer Charles Stringham, MD.

“This virus can be spread by people who have the virus but aren’t exhibiting symptoms,” added the doctor. “Until a vaccine becomes available, testing will continue to be an important part of our community’s strategy to fight COVID-19.”

Dr. Stringham recommends a COVID-19 test if:

- You have symptoms of COVID-19, including fever, cough, or shortness of breath.
- You have been in close contact with someone who has a confirmed or possible case of COVID-19.
- You were in a setting where you were exposed to a large crowd, and people were not wearing face coverings or maintaining social distancing.
- You are planning to visit someone at high risk for COVID-19 illness, including people 65 years of age and older or people with serious medical conditions.

“I encourage anyone with suspected symptoms or circumstances to be tested,” said Dr. Stringham. “By testing and contact tracing, we can lessen the impact of COVID-19 in our community.”

To prevent the spread of COVID-19 in Humboldt County:

- Stay home to limit exposure, and wear a facial covering if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Self-isolate if they have had a known exposure, or if they are awaiting COVID-19 test results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

The Humboldt General Hospital Screening Clinic continues to test symptomatic and exposed residents from 8 a.m. to 5 p.m. Monday through Friday. The clinic may be accessed from the ramp entrance on Mizpah Street. Residents should call (775) 623-5222, ext. 1379, to alert staff and wait for assistance.

The Office of the Humboldt County Community Health Nurse also is offering testing to asymptomatic persons with no known exposure. For more information or to make an appointment, residents may call the clinic at (775) 623-6575.

Free cloth masks are available to community members at the Olsen’s and Ridley’s pharmacies, courtesy of the Mucca Mask Makers, or by messaging the group on Facebook @Mucca Mask Makers.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.