

Chair & County Health Officer,

Dr. Charles Stringham

Board Members,

Ken Tipton, County Commission Chair

Marlene Brissenden, County Commissioner

Jim French, County Commissioner

Ron Cerri, County Commissioner

Mike Bell, County Commissioner

Mike Allen, Humboldt County Sheriff

# Humboldt County Health Board

Humboldt County Courthouse  
50 West Fifth Street Room 205  
Winnemucca, Nevada 89445



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FOR IMMEDIATE RELEASE

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## **TWO NEW COVID-19 CASES RAISE HUMBOLDT COUNTY'S TOTAL TO 93**

WINNEMUCCA, Nev. — Humboldt County has been notified of two more positive cases of coronavirus disease 2019 (COVID-19), raising Humboldt County's total to 93.

Eighty-three of Humboldt County's cases were identified through Humboldt General Hospital, one was identified through community-based screening, and nine were confirmed out of area.

In addition, the Fort McDermitt Paiute Shoshone Tribe has been notified of four more cases that were confirmed through the Fort McDermitt Wellness Center, raising the tribal total to 25.

Based on available information, close contacts of the newest Humboldt County cases are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County's latest cases follows:

- Case 93 – A woman in her 60s, whose case remains under investigation. She is self-isolating at home.
- Case 92 – A man in his 50s, who is a close contact of a previously reported case. He is self-isolating at home.

Of the previous 91 cases, 81 have recovered, six are self-isolating and four have died; Humboldt County has eight active cases.

Dr. Stringham reminded local residents that people with underlying health conditions have a greater risk of complications from COVID-19. Not only should vulnerable residents take extra precautions, but so should the people who interact with them.

Some of the common underlying health conditions that may present complications for people diagnosed with the COVID-19 virus include cancer, chronic kidney disease, immunocompromised state (weakened immune system), obesity, hypertension (high blood pressure), serious heart conditions, sickle cell disease and type 2 diabetes.

Not only can these underlying medical conditions lead to increased risk for severe illness from COVID-19,

but across the state, but the doctor said a majority of the cases who die from COVID-19 have an underlying health condition.

Dr. Stringham said COVID-19 can be spread by someone who is not showing symptoms; therefore, to try to protect more vulnerable populations, he is asking residents to:

- Stay home to limit exposure, and wear a mask if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Self-isolate if they have had a known exposure, or if they are awaiting COVID-19 test results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

Free cloth masks are available to community members at the Olsen's and Ridley's pharmacies, courtesy of the Mucca Mask Makers, or by messaging the group on Facebook @Mucca Mask Makers.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.

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